

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## lan van der walt

Has successfully participated & completed the

Solo Bull GoSport Cowhouse Cross Duathlon 2019 #4

held at Cowhouse Market.

**TIME** 02:13:17

**PACE** 03:48/km

**OVERALL** 4 of 23

**GENDER** 4 of 19

**40 - 49** 1 of 6

04 August 2019, Sun

Date

